**Major Games Practical (Volleyball) (Badminton) (0+2 Cr. Hr.)M.Sc, 1st Semester**

**OBJECTIVES OF COURSE**

This practical course has been designed with the purpose to provide technical knowledge to students develop their skill in selected games.

1. **VOLLEYBALL(Skills, Coaching and Officiating**)

a. Service

b. Digging/Reception

c. Boosting/Setting

d. Smashing/Attack

e. Blocking

f. Court Defense

**BADMINTON (Skills, Coaching and Officiating**)

Stance (Standing Position & Grip)

Service

Strokes

Footwork

**RECOMMENDED BOOKS (Volleyball)**

* + 1. Salen, K., & Zimmerman, E. (2004). *Rules of play: Game design fundamentals*. MIT press.
    2. Lenberg, K. (Ed.). (2006). *Volleyball skills & drills*. Human Kinetics.
    3. Shondell, D. S., & Reynaud, C. (Eds.). (2002). *The volleyball coaching bible*. Human Kinetics.
    4. Kus, S. (2004). *Coaching volleyball successfully*. Human Kinetics.
    5. Martens, R. (2012). *Successful coaching*. Human Kinetics.
    6. Turner, B. (2015). *Factors Related to Preferences of Female Collegiate Volleyball Players' Coaching Style*. Robert Morris University.

**RECOMMENDED BOOKS(Badminton)**

1. Paup, D. (2017). *Skills, drills & strategies for badminton*. Routledge.
2. Wang, J. E. (2004). *Developmental trends for badminton game play across skill levels: An exploratory study*. University of South Carolina.
3. Sheu, F. R. (2011). *Understanding expertise from elite badminton coaches*. Indiana University.
4. Salen, K., Tekinbaş, K. S., & Zimmerman, E. (2004). *Rules of play: Game design fundamentals*. MIT press.
5. Van Nieuwerburgh, C. (2017). *An introduction to coaching skills: A practical guide*. Sage.
6. Dawson, P., & Guare, R. (2012). *Coaching students with executive skills deficits*. Guilford Press.